

## Sacred Heart School February 2019 Breakfast and Lunch Menu

\*\*Menu is subject to change based on availability of fresh produce and commodities

For questions regarding the Sacred Heart School Meal Program, please contact Christy Johnson, Director of Food Services 580-6332 or [cjohnson@spencersacredheart.com](mailto:cjohnson@spencersacredheart.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Breakfast: Cinnamon Roll, Fruit, Juice, Milk Lunch: Chicken Nuggets, Mashed Potatoes, Peas, Mandarin Oranges	
3	4	5	6	7	8	9
	Breakfast: WG Cereal, Toast Fruit, Juice, Milk  Lunch: Mr. Rib w/bun, French Fries, Green Beans, Apple Sauce	Breakfast: WG Pancakes, Fruit, Juice, Milk  Lunch: Cowboy Cavatini, WW Roll, Carrots, Pears	Breakfast: Breakfast Burrito Fruit, Juice, Milk  Lunch: Taco Salad W/Chips, Fiesta Corn, Peaches.	Breakfast: Breakfast Pizza, Fruit, Juice, Milk  Lunch: Macaroni & Cheese, Meat Balls, Peas, Mixed Fruit, Red Pepper Slices	Breakfast: Bagel W/Cream Cheese, Fruit, Juice, Milk  Lunch: Egg Omelet, Sausage Patty, Tri- Tater, Orange Slices, Side Kick	
10	11	12	13	14	15	16
	Breakfast: Pancake Sausage Stick, Fruit, Juice, Milk  Lunch: Spaghetti w/sauce, Garlic Bread, Lettuce, Peas, Mandarin Oranges	Breakfast: Snack Bread, Go Gurt, Fruit, Juice, Milk  Lunch: Crispito w/cheese, Refried Beans, Corn, Mixed Fruit, Churro	Breakfast: WG Cereal, Toast, Fruit, Juice, Milk  Lunch: Hamburger w/bun, French Fries, Tomato Slice, Pineapple	Breakfast: Cinnamon Roll, Fruit, Juice, Milk  Lunch: Chicken Drummy, Roasted Red Potatoes, Carrot Sticks, Pears	NO SCHOOL  	
17	18	19	20	21	22	23
	NO SCHOOL	Breakfast: Breakfast Pizza, Fruit, Juice, Milk  Lunch: Sloppy Joes W/Bun, French Fries, Calico Beans, Mixed Fruit	Breakfast: WG Pancakes, Fruit, Juice, Milk  Lunch: Meat Loaf, Mashed Potatoes, Cole Slaw, Corn, Banana	Breakfast: Bagel w/Cream Cheese, Fruit, Juice, Milk  Lunch: Shredded Beef Taco, Carrots, Grapes, Yogurt Cup, Lettuce, Cheese	Breakfast: WG Cereal, Toast, Fruit, Juice, Milk  Lunch: Hashbrown Casserole, Garlic Bread, Spinach, Apple	
24	25	26	27	28		
	Breakfast: Muffin, Fruit Juice, Milk  Lunch: Biscuits & Gravy, Hash Brown, Peas, Mixed Fruit	Breakfast: WG Waffles, Fruit Juice, Milk  Lunch: Meat Sub W/Cheese, Carrots, Chips, Mandarin Oranges	Breakfast: WG Cereal, Toast, Fruit, Juice, Milk  Lunch: Cheese Bread w/Marinara, Mashed Potatoes, Broccoli, Pears	Breakfast: Breakfast Burrito, Fruit, Juice, Milk  Lunch: Chicken & Noodle Soup, Lettuce, Green Beans, Pineapple, WW Roll, Crackers		