



# Sacred Heart School March 2018 Breakfast and Lunch Menu

\*\*Menu is subject to change based on availability of fresh produce and commodities

For questions regarding the Sacred Heart School Meal Program, please contact Christy Johnson, Director of Food Services 580-6332 or [cjohnson@spencersacredheart.com](mailto:cjohnson@spencersacredheart.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Breakfast: Cereal, Toast, Fruit, Juice, Milk Lunch: Hot Dog W/Bun, French Fries, Corn, Peaches	
3	4	5	6	7	8	9
	Breakfast: WG Pancakes, Fruit, Juice, Milk  Lunch: Orange Chicken, Rice, Broccoli, Pears	Breakfast: Egg & Sausage Sandwich, Fruit, Juice, Milk  Lunch: Maid-Rite W/Bun, Baked Beans, Cole Slaw, Tropical Fruit	Breakfast: Mini Strawberry Bagel, Fruit, Juice, Milk  Lunch: Cheese Pizza, Garlic Bread, Tomato Salad, Pineapple	Breakfast: Breakfast Burrito, Fruit, Juice, Milk  Lunch: Chicken Patty W/Bun, Mashed Potatoes, Green Beans, Grapes	Breakfast: WG Cereal, Fruit, Juice, Milk  Lunch: Egg Omelet, French Toast Stick, Tri-Tater, Carrot Sticks, Peaches	
10	11	12	13	14	15	16
	Breakfast: Cinnamon Mini, Fruit, Juice, Milk Lunch: Swedish Meatballs W/Noodles, Romaine Lettuce, Peas, Mixed Fruit	Breakfast: Granola Bar, Fruit, Juice, Milk Lunch: Pork Sandwich W/Bun, French Fries, Spring Salad, Corn, Pears	Breakfast: WG Cereal, Fruit, Juice, Milk Lunch: Chicken Nuggets, Mashed Potatoes, Cauliflower, Banana	Breakfast: Snack Bread, GoGurt, Fruit, Juice, Milk Lunch: Tater Tot Casserole, Butter Bread, Broccoli, Orange Slices	Breakfast: WG Pancakes, Fruit, Juice, Milk Lunch: Cheese Pizza, Bread Stick, Celery W/Peanut Butter, Applesauce	
17	18	19	20	21	22	23
	No School	Breakfast: Cheese Omelet, Fruit, Juice, Milk  Lunch: Cowboy Cavatini, WW Roll, Carrots, Pears	Breakfast: Breakfast Pizza, Fruit, Juice, Milk  Lunch: Taco Salad W/Chips, Fiesta Corn, Peaches, Lettuce/Cheese	Breakfast: WG Cereal, Fruit, Juice, Milk Lunch: Macaroni & Cheese, PBJ Sandwich, Peas, Mixed Fruit, Red Pepper Slice	Breakfast: Egg & Cheese Sandwich, Fruit, Juice, Milk  Lunch: Shrimp Poppers, Motz Stick, Corn, Apple	
24	25	26	27	28	29	30
	Breakfast: Granola Bar, Fruit, Juice, Milk Lunch: Spaghetti W/Meat Sauce, Garlic Bread, Romaine Lettuce, Broccoli, Mandarin Oranges	Breakfast: WG Cereal, Fruit, Juice, Milk Lunch: Crispito, Refried Beans, Corn, Mixed Fruit, Cheese	Breakfast: WG Pancakes, Fruit, Juice, Milk Lunch: Hamburger W/Bun, French Fries, Tomato Slice, Pineapple	Breakfast: Mini Strawberry Bagel, Fruit, Juice, Milk Lunch: Chicken Drummy, Roasted Red Potatoes, Carrot Sticks, Pears	Breakfast: WG Cereal, Fruit, Juice, Milk Lunch: Tomato Soup, Cheese Sandwich, Gold Fish, Cauliflower, Applesauce	
31						