

# Sacred Heart School May 2019 Breakfast and Lunch Menu

\*\*Menu is subject to change based on availability of fresh produce and commodities

For questions regarding the Sacred Heart School Meal Program, please contact Christy Johnson, Director of Food Services 580-6332 or [cjohnaon@spencersacredheart.com](mailto:cjohnaon@spencersacredheart.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Breakfast: Snack Bread, GoGurt, Fruit, Juice, Milk	Breakfast: Cereal, Toast, Fruit, Juice, Milk	Breakfast: French Toast Stick, Fruit, Juice, Milk	
			Lunch: Hot Dog, Tri-Tater, Carrots, Grapes	Lunch: Italian Chicken Breast, Mashed Potatoes, Peas, Mixed Fruit	Lunch: Mr. Rib, WG Chips, Corn, Banana <u>(Special Person's Day - Sack Lunch for Sacred Heart Pk - 6th)</u>	
5	6	7	8	9	10	11
	Breakfast: Cereal, Toast, Fruit, Juice, Milk	Breakfast: Egg Omelet, Fruit, Juice, Milk	Breakfast: Bagel, Fruit, Juice, Milk	Breakfast: Granola, Fruit, Juice, Milk	Breakfast: Granola Bar, Fruit, Juice, Milk	
	Lunch: Corn Dog, Tater Tots, Green Beans, Fruit	Lunch: Sloppy Joes, Red Potatoes, Corn, Fresh Fruit	Lunch: Taco Salad, LCS, Refried beans, Vegetable, Peaches	Lunch: French Toast Sticks, Egg & Sausage Patty, Cottage Cheese, Cuties	Lunch: Meat Ball Sub, Motz Cheese, Carrots, Romaine Lettuce, Pears	
12	13	14	15	16	17	18
	Breakfast: Cereal, Toast, Fruit, Juice, Milk	Breakfast: French Toast Sticks, Fruit, Juice, Milk	Breakfast: Oatmeal, Fruit, Juice, Milk	Breakfast: Cereal, Toast, Fruit, Juice, Milk	Breakfast: Bagel, Fruit, Juice, Milk	
	Lunch: Orange chicken, Rice, Mixed Vegetables, Pineapple	Lunch: Cowboy Cavatina, WW Roll, Romaine Lettuce, Green Beans, Applesauce	Lunch: Hamburger, French Fries, Tomato Slice, Celery W/ Peanut Butter, Pears	Lunch: Cheese Bread & Marinara Sauce, Lettuce, Yogurt, Grapes, Carrots	Lunch: Hot Ham & Cheese, Au gratin Potatoes, Calico Beans, Mixed Fruit	
19	20	21	22	23	24	25
	Breakfast: Pancakes, Fruit, Juice, Milk	Breakfast: Cereal, Toast, Fruit, Juice, Milk	Breakfast: Bagel, Fruit, Juice, Milk	Breakfast: Cereal, Toast, Fruit, Juice, Milk	Breakfast: Granola Bar, Fruit, Juice, Milk	
	Lunch: Egg Omelet, Hash brown, French Toast, Corn, Fruit	Lunch: Lunch Meat Sub w/Cheese, Chips, Carrots, Peaches	Lunch: Chicken Wrap, Rice, Lettuce, Peas, Pears	Lunch: Spaghetti W/Meat Sauce, Garlic Bread, Green Beans, Mixed Fruit	Lunch: Meat Loaf, Mashed Potato, Vegetable, Fruit	
26	27	28	29	30	31	
	No School! Happy Memorial Day!	Cooks Choice	Cooks Choice	Cooks Choice	Sack Lunch	